



STATE OF WEST VIRGINIA
DEPARTMENT OF HEALTH AND HUMAN RESOURCES
Bureau for Public Health
Office of Emergency Medical Services

Bill J. Crouch
Cabinet Secretary

Ayne Amjad, MD, MPH
Commissioner & State Health Officer

MEMORANDUM

TO: WV EMS Agency Official Agency Representatives
WV EMS Agency Training Officers
WV EMS Field Providers

FROM: Jerry Mullins BS, RRT, EMT-P (Ret), Interim Division Program Manager
Division of Education, Certification, and Testing, WV Office of EMS

DATE: July 28, 2020

RE: **West Virginia Recovery Coach Training**

The West Virginia Office of Emergency Medical Services (WVOEMS) is offering an exciting educational opportunity to help address the needs that West Virginia communities are experiencing as a result of the Opioid crisis. The WV Recovery Coach Academy (RCA) offers training for the participant to become a Recovery Coach. The cost for the "basic" course is free for 150 West Virginia Pre-hospital Field Providers for the "**Basic**" non-medical course. This training is available for two offerings:

8:00 a.m. – 4:00 p.m. (Via Blackboard)
40 Hours of EMS-related Continuing Education

August 17-20, 2020 or August 31-September 3, 2020

Recovery Coach training assist in removing barriers and obstacles to personal recovery. Recovery coaches serve as personal guides and mentors for people who are seeking or already in recovery. The WV Recovery Coach Academy (WVRCA) training focuses on providing individuals with the skills needed to guide, mentor and support anyone who would like to enter into or sustain long-term recovery from an addiction to alcohol and other drugs, mental illness, trauma and/or PTSD. The WVRCA prepares participants by helping them actively listen, ask appropriate questions, and discover ways to manage their own issues while providing resources.

After completing this Basic class, students who go on to complete 16 clinical training hours to help our local recovery community will qualify to receive three college credits from Blue Ridge Community and Technical College.

Upon completion of this course, students will be able to:

- Describe the role of the Recovery Coach and functions
- List the components, core values and guiding principles of recovery
- Build skills to enhance relationships
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self-disclosure and sharing your story
- Understand the stages of recovery
- Describe the stages of change and their applications
- Increase their awareness of culture, power, and privilege
- Address ethical and boundary issues
- Experience recovery wellness planning
- Practice newly acquired skills

This training is for anyone who is interested in becoming a Recovery Coach. This training utilizes a dynamic approach to learning that blends both process and content. Each student will receive the following with the completion of this course:

- Connecticut Community for Addiction Recovery (CCAR) Recovery Coach Academy (RCA) certificate
- Three college credits from Blue Ridge Community and Technical College
- Membership to your local West Virginia Recovery Coach Association
- Life Coach Certificate
- Naloxone training

You must attend each day's training in its entirety. The course will be conducted via RETI Blackboard. Please find attached, instructions on registration and the hyperlink to the Blackboard. This course will be opened to only 150 students.

This is a wonderful educational opportunity that will allow each participant to take back to their communities. If you are interested in becoming a Recovery Coach, please register before the deadline, August 14, 2020

For questions about registration please contact Cayla Long at Cayla.long@wvreti.org or 304-765-4502.

All other questions should be sent to Jerry.L.Mullins@wv.gov.

cc: Michael R. Mills, DO, FACEP, State Medical Director, WV Office of EMS
Vicki Hildreth, BA, EMT, Interim Director, WV Office of EMS